**University of Alaska Wellness Program Utilization FY16**

**Employees eligible:**

- 11/01/14-present: Eligible employees at any point during this time period: 3,937
- 11/01/14-present: Employees eligible 100% during this time period: 3,684

**Spouses eligible:**

- 11/01/14-present: Eligible spouses at any point during this time period: 2,083
- 11/01/14-present: Spouses eligible 100% during this time period: 1,934

**Total Population:**

| Personal Health Assessment: 1,262<br>November 1, 2014 – March 23, 2015 | | | |
|---|---|---|---|
| | Employee | Spouse | Total |
| High Risk | 454 | 134 | 588 |
| Moderate Risk | 276 | 85 | 361 |
| Low Risk | 230 | 83 | 313 |
| | | | |
| UAA | 359 | 108 | 467 |
| UAF | 450 | 140 | 590 |
| UAS | 63 | 21 | 84 |
| SW | 88 | 33 | 121 |

| Biometric Screening: 513 (1 unknown location)<br>July 1, 2014 – March 23, 2015 | | | |
|---|---|---|---|
| | Employee | Spouse | Total |
| UAA | 152 | 61 | 213 |
| UAF | 167 | 72 | 239 |
| UAS | 14 | 8 | 22 |
| SW | 25 | 13 | 38 |

| Telephonic Coaching:<br>Program to Date | | | |
|---|---|---|---|
| | Employee | Spouse | Total |
| Weight Management | 83 | 16 | 99 |
| Stress Management | 20 | 3 | 23 |
| Tobacco Cessation | 9 | 1 | 10 |
| Health Improvement | 53 | 14 | 67 |

**Employee Class Breakdowns:**

- 11/01/14-present: Employees and spouses/FIPs eligible 100% during time period:

| Employee Class | Eligible Employees | Eligible Spouses | Total Eligible | PHA | Biometric Screening (no look-back) | Health Coaching |
|---|---|---|---|---|---|---|
| A9 (UAFT) | 279 | 162 | 441 | 50 | 32 | 7 |
| CR (Local 6070) | 199 | 107 | 306 | 16 | 14 | 1 |
| F9 (UNAC) | 809 | 478 | 1,287 | 223 | 68 | 19 |
| FN (UNAC) | 48 | 21 | 69 | 12 | 7 | 3 |
| EX | 101 | 68 | 169 | 43 | 16 | 8 |
| FR | 68 | 42 | 110 | 20 | 4 | 2 |
| NR | 1,128 | 502 | 1,630 | 444 | 147 | 41 |
| NX | 8 | 3 | 11 | 0 | 0 | 0 |
| XR | 1,043 | 548 | 1,591 | 416 | 128 | 36 |

**Employee Class Point Breakdown:**

- From most recent Incentive report: 03/05/15

| Class Code | 1 point | 2 points | 3 points | 4 points | Met all requirements |
|---|---|---|---|---|---|
| A9 (UAFT) | 167 | 73 | 30 | 11 | 4 |
| CR (Local 6070) | 104 | 37 | 5 | 3 | 1 |
| F9 (UNAC) | 444 | 302 | 102 | 36 | 10 |
| FN (UNAC) | 22 | 8 | 6 | 2 | 0 |
| EX | 59 | 53 | 14 | 5 | 6 |
| FR | 40 | 31 | 13 | 2 | 1 |
| NR | 533 | 302 | 129 | 85 | 45 |
| NX | 2 | 1 | 0 | 0 | 0 |
| XR | 560 | 310 | 142 | 87 | 23 |

**FY15 Comparison**

| Personal Health Assessment: 1,861<br>January 1, 2014 – May 30, 2014 | | | |
|---|---|---|---|
| | Employee | Spouse | Total |
| High Risk | 717 | 189 | 906 |
| Moderate Risk | 396 | 127 | 523 |
| Low Risk | 339 | 93 | 432 |
| | | | |
| UAA | 543 | 135 | 678 |
| UAF | 677 | 211 | 888 |
| UAS | 106 | 24 | 130 |
| SW | 124 | 38 | 162 |

| Biometric Screening: 1,497<br>July 1, 2013 – May 30, 2014 | | | |
|---|---|---|---|
| | Employee | Spouse | Total |
| UAA | 432 | 137 | 569 |
| UAF | 477 | 190 | 667 |
| UAS | 100 | 27 | 127 |
| SW | 94 | 40 | 134 |

**On-Site Biometric Events Update**

- Completed
  - Mat-Su: 30 screened
  - Kenai: 31 screened
  - Fairbanks: 106 and 115 screened
  - Sitka: 27 screened
  - Ketchikan: 15 screened
  - Anchorage:
- Coming-Up
  - Juneau (event was 3/24; 56 scheduled appointments)
  - Kodiak (event was 3/24; 17 scheduled appointments)
  - Nome: 6
  - Kuskokwim: 8
  - Bristol Bay: 12
  - Prince William Sound: 12
  - Fairbanks: 99/99
  - Kachemak: 11
  - Anchorage: To be held April 15. Online scheduler not open yet